

Winter/Spring 2016 TODDLER PROGRAMS

SESSION 1

Musical Mondays Class 1 & 2

January 25-March 14

Section 1: Mondays, 9:30-10:15am

Section 2: Mondays, 10:30-11:15am

Experience the world of music. Toddlers will enjoy drumming, dancing, singing and moving to the beat. Sign up for this 8 week session and see the growth in your toddler's rhythm and musicality.

Fee: \$35 session, Pre-Registration Required, Maximum 15 Participants

Tykes on Bikes

January 26-March 15

Tuesdays, 10-10:45am,

free play until 12noon

What better way to teach a child how to ride a bike? Strider® balance bikes for ages 18 months to 5 years help develop balance and coordination. Fun activities on Strider® bikes will focus on the fundamentals of balancing, leaning, and steering without the distractions and complications of pedals or training wheels.

Fee: \$35 session/\$5 week

Tiny Tykes

January 27-March 16

Wednesdays & Fridays, 10am-12noon

Organized crafts & active play is a great way for you and your toddler to socialize!

Fee: \$1/day, Ask about the full session discounted rate

Stretch and Grow

January 28-March 17

Thursdays, 10-10:45am, with

free play until 12noon

Come have some fun with this introduction to yoga for toddlers and their caregivers. The class will intersperse focused stretching and strengthening postures and breathwork with songs, games, and partner yoga.

For Ages 2-5

Fee: \$35 session/\$5 week

Maximum of 12 children for this class

Tiny Tykes After Dark

January 12-May 20

Tuesdays & Thursdays, 6-7pm

Parents, drop off your children in the multipurpose room where they will enjoy supervised crafts and play while you get a workout here at our center! Attend the Power Mix class or workout in the fitness center.

Fee: \$1



SESSION 2

Wee Owls-Outdoor Play & Explorations

March 28-May 20

Mondays, 10-10:45 am,

For Ages 3-5

You and your preschooler will enjoy weekly explorations, satisfying your child's curiosity about the natural world! Our Outdoor Recreation Program Coordinator will take small groups of toddlers on an adventure one day a week for 45 minutes/class to learn about the outdoors through stories, art, exploration, and imaginary play. The primary goal is to give children positive outdoor experiences. A preschooler's mind is like a sponge, so let's help them soak up nature!

Fee: \$35 session/\$5 week

Tunes on Tuesdays

March 29-May 17

Section 1: Tuesdays, 9:30-10:15am

Section 1: Tuesdays, 10:30-11:15am

Experience the world of music. Toddlers will enjoy drumming, dancing, singing and moving to the beat. Sign up this 8 week session and see the growth in your toddler's rhythm and musicality.

Fee: \$35 session, Pre-Registration Required, Maximum 15 Participants



Tiny Tykes

March 30-May 20

Wednesdays & Fridays

10am-12noon

Organized crafts & active play is a great way for you and your toddler to socialize!

Fee: \$1/day, Ask about the full session discounted rate

Tykes on Bikes

March 31-May 19

Thursdays, 10-10:45am, with free play until 12noon

What better way to teach a child how to ride a bike? Strider® balance bikes for ages 18 months to 5 years help develop balance and coordination. Fun activities on Strider® bikes will focus on the fundamentals of balancing, leaning, and steering without the distractions and complications of pedals or training wheels.

Fee: \$35 session/\$5 week



All programs will be held at
Stephens-Lee Recreation Center
30 George Washington Carver
828-350-2058

PLEASE NOTE WE FOLLOW
THE ASHEVILLE CITY
SCHOOL SCHEDULE. IF
SCHOOL IS CANCELLED,
TODDLER CLASSES WILL
ALSO BE CANCELLED.

ASHEVILLE
Parks & Recreation



FOR MORE INFORMATION & TO REGISTER VISIT WWW.ASHEVILLENC.GOV/PARKS